

Journal of Chromatography, 383 (1986) 35–42

Biomedical Applications

Elsevier Science Publishers B.V., Amsterdam — Printed in The Netherlands

CHROMBIO. 3295

DETERMINATION OF β -ASPARTYLPEPTIDASE ACTIVITY IN HUMAN FAECES BY HIGH-PERFORMANCE LIQUID CHROMATOGRAPHY USING PRE-COLUMN DERIVATIZATION WITH PHENYL ISOTHIOCYANATE

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(First received March 19th, 1986; revised manuscript received June 17th, 1986)

SUMMARY

Bacterial enzymes are responsible for degradation of β -aspartyl peptides in the intestinal tract. These peptides, especially the dipeptide β -aspartylglycine, are useful as indicators of an impaired anaerobic intestinal microflora of antibiotic-treated patients. A method to separate the dipeptides β -aspartylalanine, β -aspartylglutamine, β -aspartylglycine and β -aspartylserine, using reversed-phase high-performance liquid chromatography and pre-column derivatization with phenyl isothiocyanate, was developed. This method was used to determine β -aspartylpeptidase activity in faecal supernatants of healthy human volunteers and antibiotic-treated patients with β -aspartylglycine as substrate. This activity was absent in the antibiotic-treated group, while in individuals with an intact intestinal flora it ranged from 16 to 100% degradation per 18 h. In addition, it was found that faecal enzyme preparations cleaved β -aspartylglycine at a much lower rate than the other β -aspartyl peptides.

INTRODUCTION

The dipeptide β -aspartylglycine (β -Asp-Gly) is detectable in faecal supernatants of germ-free mice and antibiotic-treated patients [1–5]. It was shown that this dipeptide is a useful indicator of a substantial decrease of the number of bacteria in the intestinal tract [4, 5]. The formation of α -Asp bonds in the amino acid sequence of a protein occurs according to the scheme in Fig. 1. α -Asp and α -Asn cyclize to the cyclic imide form and are converted into β -Asp. α -Asn-Gly is converted ten times faster into β -Asp-Gly than is α -Asp-Gly [6]. Bovine ribonuclease is an example of a protein with an Asn-Gly sequence, and studies by Haley and Corcoran [7] have shown that extensive sequential degradation of ribonuclease with a number of proteases results in a mixture of free

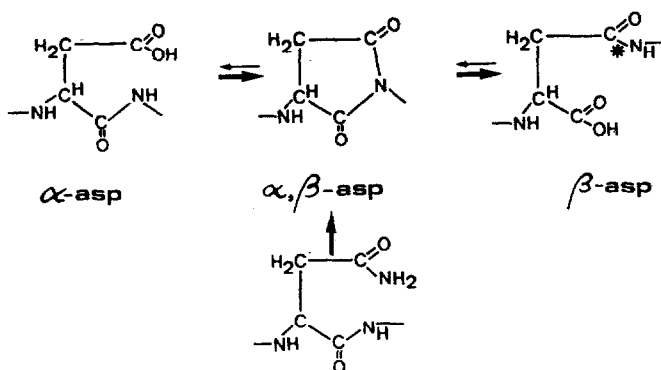


Fig. 1. Conversion scheme of α -aspartyl (α -Asp) via the cyclic imide, α,β -aspartyl (α,β -Asp) into β -aspartyl (β -Asp) and of α -asparaginyl (α -Asn) via the cyclic imide into β -aspartyl (β -Asp). The peptide bond to be cleaved by bacterial enzymes is indicated with an asterisk.

amino acids and β -Asp peptides. The β -Asp linkage was formed spontaneously and non-enzymically in fragments liberated during digestion. A similar phenomenon occurred during amino acid sequence studies on *Pseudomonas* cytochrome *c*-551, which contains Asp-Gly at residues 50–51. In proteolytic digests of this protein, β -Asp peptides as well as cyclic imide forms (α , β) of Asp peptides were encountered [8]. The accumulation of β -Asp peptides in the intestinal tract is the result of a combination of host-derived proteolytic activity and the absence of a special type of bacterial enzymatic activity. Because of their specific peptide bond, β -Asp peptides cannot be cleaved by host-derived enzymes, but can only be degraded by bacterial enzymes, which we shall call β -Asp peptidases.

In faecal supernatants of germ-free mice and totally decontaminated patients, β -Asp-Gly is generally present in much higher concentrations than e.g. β -Asp-Ala, β -Asp-Gln and β -Asp-Ser. To determine these β -Asp peptides in faecal supernatants, high-voltage paper electrophoresis (HVPE), followed by ninhydrin staining, appeared to be the most suitable method [9], but it is a semiquantitative technique with a detection level of ca. 1 nmol. High-performance liquid chromatography (HPLC), with pre-column derivatization [10, 11] of small amounts of β -Asp peptides, provides a system for a sensitive assay of β -Asp peptidase activity in faecal supernatants. β -Asp peptides are derivatized with phenyl isothiocyanate (PITC) and the resulting phenylthiocarbamyl (PTC) derivatives can easily be resolved with a non-gradient system. This HPLC system provides a way to determine the reason for the specific accumulation of β -Asp-Gly in the faeces of patients with an impaired intestinal bacterial flora.

EXPERIMENTAL

Materials

β -L-Asp-Gly was obtained from Serva (Heidelberg, F.R.G.), and β -L-Asp-L-Ala from Bachem (Bubendorf, Switzerland). PITC was sequenal-grade from Rathburn (Walkerburn, U.K.), stored at -20°C , and triethylamine (TEA) was purchased from Pierce (Rockford, IL, U.S.A.). Acetonitrile was HPLC-grade

from Alltech (Deerfield, IL, U.S.A.) and all other chemicals were of the purest grade commercially available. Analytical HVPE on Whatman 3 MM paper at pH 3.5 showed that commercially available β -Asp-Gly and β -Asp-Ala were in the β -form (blue colour with ninhydrin after heating above 120°C), and no longer in the cyclic imide form, as was found for previous batches of β -Asp-Gly [9]. Two additional β -Asp peptides were isolated from 1 ml of pooled faecal supernatant of totally decontaminated patients, by preparative HVPE as described by Ambler [8]. Amino acid analysis resulted in Asp and Ser and in Asp and Glu. Acid hydrolysis of β -Asp-Gln and β -Asp-Glu would result in the same amino acid composition: one Asp and one Glu. However, after HVPE the β -Asp-Glx spot was slightly less negative than β -Asp-Gly, which indicated that we were dealing with β -Asp-Gln.

Faecal supernatants

Faecal suspensions (25%, w/v) in water, containing 0.1% Triton X-100, were prepared by homogenizing the faeces with a glass-rod. After centrifugation at 2000 *g* for 30 min, the supernatants were sonicated (6 min, 60 W) and centrifuged for 60 min at 100 000 *g* in a 50 Ti rotor in a Beckman L5-65 ultracentrifuge.

β -Asp peptidase assay

Crude enzyme solutions were prepared by dialysing each faecal supernatant (0.5 ml) from thirteen healthy volunteers and two antibiotic-treated patients against water in dialysis tubing (MW cut-off 12 000) during 24 h at 4°C. After lyophilization, each sample was dissolved in 2 ml of phosphate-buffered saline (PBS), pH 7.2, at 0°C. It was found that the β -Asp peptidase activity was dependent on the presence of metal ions, i.e. Zn²⁺ and to a lesser extent Co²⁺. Therefore the incubation was carried out in the presence of 0.02 *M* zinc sulphate. To 180 μ l of enzyme solution, 25 μ l of 0.5 mM β -Asp peptide was added. A 40- μ l aliquot was stored immediately at -20°C (zero-time sample).

The faecal enzyme solutions were incubated with β -Asp-Gly and in some cases also with β -Asp-Ala at 37°C for 18 h. From the sample with the highest peptidase activity a larger amount of enzyme solution was prepared. Degradation of β -Asp-Gly, β -Asp-Ala, β -Asp-Ser and β -Asp-Gln during 2, 4, 8 and 24 h incubation was investigated with this enzyme preparation. All experiments were carried out in duplicate.

Pre-treatment of samples for HPLC

Sep-Pak C₁₈ cartridges (Waters Assoc., Milford, MA, U.S.A.) were used for pre-treatment of the samples. The cartridges were equilibrated before use with 60% acetonitrile, followed by 100% water. After dilution at 0°C of 40 μ l of sample in 460 μ l of water, containing 0.01 mM β -Asp-Ala or β -Asp-Gly as internal standard, the solution was mixed and immediately applied to a Sep-Pak cartridge. When the Sep-Pak C₁₈ cartridges are washed with water, the relatively acidic β -Asp peptides are partly removed from the C₁₈ resin. Such losses could be reduced to less than 5% by pushing the solution containing β -Asp peptidase through the cartridge using a syringe without any further washing. The acidic compounds, which include β -Asp peptides, were

completely removed with 750 μ l of 12% acetonitrile. For re-use the cartridge was rinsed with three 1-ml volumes of 60% acetonitrile and eight 1-ml volumes of water. This procedure can be used to treat up to thirty samples with one cartridge. The purified compounds were freeze-dried and dissolved in 100 μ l of ethanol-water-TEA (2:2:1), and 30 μ l were dried under vacuum before derivatization.

The derivatization procedure was as described by Bidlingmeyer et al. [11], i.e. 20 min at ambient temperature with 20 μ l of freshly made mixture of ethanol-water-TEA-PITC (7:1:1:1). The reagents were removed under vacuum in a heated Speed-Vac centrifuge (Savant, Hicksville, NY, U.S.A.).

Chromatography

The chromatographic system was made up of a solvent-delivery pump (Model 2150, LKB, Bromma, Sweden), attached to a sample loop injector (Model 7125, Rheodyne, Berkeley, CA, U.S.A.). The Pico-Tag column (Waters Assoc.) which is a reversed-phase column (150 \times 3.9 mm I.D.), equipped with a direct-connect guard column (Alltech), was kept at 37°C in a water-bath and connected to an absorbance detector (Model 441, Waters Assoc.). The guard column (30 \times 2.1 mm I.D.) was packed with 300 mg of Spherisorb ODS-2, with particle size 10 μ m (Phase Separations, Norwalk, CT, U.S.A.).

Each sample was dissolved in 50 μ l of buffer A (0.14 M sodium acetate, 0.05% TEA, titrated to pH 6.35 with glacial acetic acid) and 10–45 μ l were injected. Buffer A and buffer B (acetonitrile-water, 3:2) were both purged with helium. An isocratic elution system afforded a satisfactory separation of glutamic acid from β -Asp-Gly (see Fig. 2). In order to clean the column with buffer B automatically we applied a computer-controlled valve system as previously described [12]. The system was operated isocratically with buffer A for 11 min, changed to 100% buffer B in 2 min and returned at the same rate to 0% buffer B after washing for 2 min.

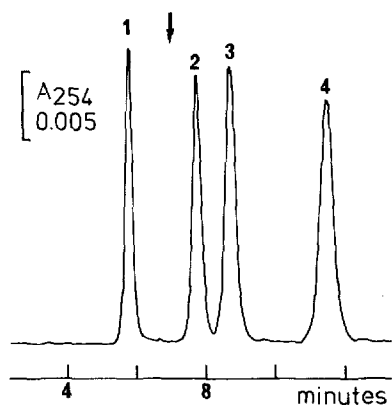


Fig. 2. Chromatogram of PTC derivatives from a reference solution containing 1 nmol each of aspartic acid (1), glutamic acid (2), β -aspartylglycine (3) and β -aspartylalanine (4). The arrow indicates the elution position of β -aspartylserine, and β -aspartylglutamine elutes at the same position as β -aspartylglycine. Chromatography is performed with a Pico-Tag column, connected to a guard column. Eluent, 0.14 M sodium acetate, 0.05% TEA, pH 6.35; flow-rate, 1.0 ml/min; detection, 254 nm at 0.05 a.u.f.s.

Amino acid analysis

Hydrolysates of β -Asp-Ser and β -Asp-Gln, which were isolated by HVPE (see *Materials*) were prepared in 50 \times 6 mm I.D. tubes in the vacuum vial of Waters' Workstation [11]. Samples of ca. 1 μ g of dipeptide were hydrolysed at 110°C for 24 h with 200 μ l of constant-boiling hydrochloric acid at the bottom of the vacuum vial. The samples were cleared from acid residues by dissolving and drying twice with ethanol-water-TEA. Amino acid analysis with the Pico-Tag system was performed isocratically for 17 min to identify Asp, Glu, Ser and Gly.

RESULTS

β -Asp peptidase activities were determined as percentage degradation of β -Asp-Gly in faecal supernatants of thirteen healthy human volunteers and two decontaminated patients. The results are summarized in Table I. β -Asp peptidase activities in freshly prepared faecal supernatants of the healthy volunteers varied from 16 to 100% (median value 55%) degradation of β -Asp-Gly after 18 h incubation at 37°C. In contrast to this, β -Asp-Gly could not be cleaved by the faecal enzyme preparations of the decontaminated patients. Next we shall address the observation that β -Asp-Gly in particular accumulates in the faeces whereas other β -Asp peptides are found only occasionally [9]. Even in faecal supernatants of decontaminated patients, β -Asp peptidase activities of 27 and 30% degradation of β -Asp-Ala per 18 h were determined, whereas β -Asp-Gly was not cleaved at all. A faecal sample preparation of the volunteer whose faecal supernatant showed the highest β -Asp peptidase activity was used for incubation with the dipeptides β -Asp-Ala, β -Asp-Gln, β -Asp-Gly and β -Asp-Ser. The results of these investigations are given in Fig. 3, showing

TABLE I

DEGRADATION OF β -ASPARTYLGLYCINE AFTER 18 h INCUBATION AT 37°C BY FAECAL ENZYME PREPARATIONS OF THIRTEEN HEALTHY HUMAN VOLUNTEERS AND TWO ANTIBIOTIC-TREATED PATIENTS

| Volunteer | Degradation of β -aspartylglycine (%) |
|-----------|---|
| 1 | 32 |
| 2 | 16 |
| 3 | 67 |
| 4 | 32 |
| 5 | 42 |
| 6 | 55 |
| 7 | 27 |
| 8 | 60 |
| 9 | 57 |
| 10 | 75 |
| 11 | 71 |
| 12 | 44 |
| 13 | 100 |
| Patient 1 | 0 |
| Patient 2 | 0 |

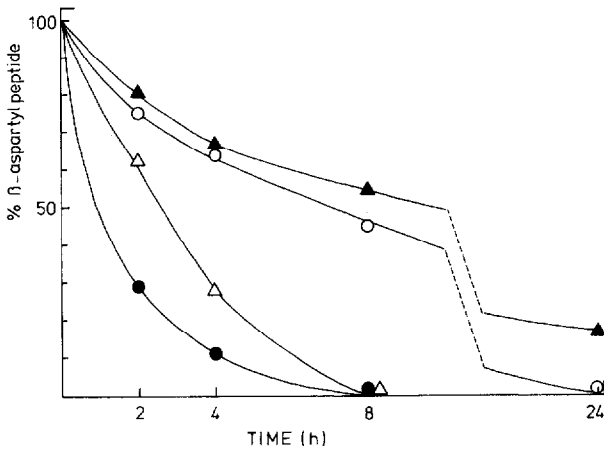


Fig. 3. Relative amounts of β -aspartylglycine (\blacktriangle), β -aspartylglutamine (\circ), β -aspartylserine (\triangle) and β -aspartylalanine (\bullet) during incubation with faecal enzyme solution in PBS, pH 7.2 at 37°C. The enzyme solution was prepared from human faecal supernatants as described in the text.

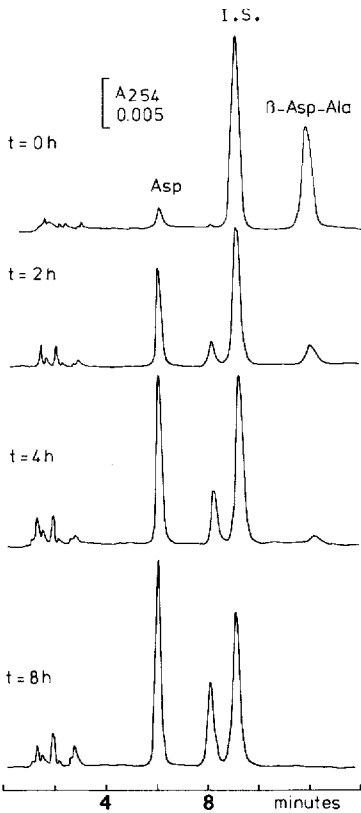


Fig. 4. Incubation of β -aspartylalanine with faecal enzyme of a healthy human volunteer, followed by chromatography with β -aspartylglycine as internal standard (I.S.). The peak between Asp and I.S. contains Glu originating from the faecal enzyme preparation. Samples were taken at 0, 2, 4 and 8 h. Chromatographic conditions were as in Fig. 2.

that β -Asp-Ala is cleaved at the highest rate and β -Asp-Gly at the lowest rate. An example of a series of chromatograms is given in Fig. 4, with decreasing amounts of β -Asp-Ala after 0, 2, 4 and 8 h incubation of β -Asp-Ala with faecal enzyme. In this particular case, and also when we studied the enzymatic degradation of β -Asp-Ser, β -Asp-Gly was used as internal standard.

β -Asp-Gln eluted at the same time as β -Asp-Gly, therefore the enzymatic degradation of β -Asp-Gln and β -Asp-Gly was studied using β -Asp-Ala as internal standard. The retention times of the relatively hydrophilic PTC- β -Asp peptides are short on the reversed-phase Pico-Tag column and, despite the isocratic elution conditions, they may vary from 11 to 12.5 min for β -Asp-Ala. Therefore, a reference mixture is advisable for adequate analysis of β -Asp peptides.

DISCUSSION

Direct determination of β -Asp-Gly in faeces is the most convenient way to determine bacterial β -Asp peptidase activity. Since the separation between β -Asp peptides and Asp and Glu is satisfactory (see Fig. 2), this was investigated with faecal samples from antibiotic-treated patients. However, the amount of Glu in such samples is generally more than 50 times larger than that of β -Asp-Gly, which prevents quantitative determination of β -Asp-Gly. Absence of β -Asp peptides is the result of a high in vivo β -Asp peptidase activity. Therefore, determination of the bacterial β -Asp peptidase activity in vitro can be used instead of a direct determination of β -Asp-Gly.

In healthy human volunteers with a complete bacterial intestinal flora, β -Asp-Gly degrading activity is present to a variable extent and such activity is undetectable in patients with an incomplete faecal flora. Therefore it is not surprising that β -Asp peptides accumulate in the faeces during strong suppression of the intestinal flora with antimicrobial agents.

Generally, in patients with an incomplete microflora, sufficient bacteria are present to produce β -Asp peptidases that eliminate β -Asp peptides such as β -Asp-Ala. Presumably, these β -Asp peptides, especially the specific peptide bonds, fit better into the active site cleft of the intestinal β -Asp peptidases. This in contrast to β -Asp-Gly, which is cleaved at a much lower rate.

The antagonistic effect of commensal microorganisms in the intestinal tract, which protect the host against opportunistic infections, is called colonization resistance (CR) [13]. Our results show that the earlier finding that β -Asp-Gly could serve as an indicator of decreased CR [2, 5, 9] is now supported by experimental evidence showing that it is this particular β -Asp peptide that is less susceptible to proteolytic degradation by β -Asp peptidase activity in faeces. This is the reason that β -Asp-Gly remains present in the faeces whenever the bacterial flora in the intestinal tract is affected, i.e. when a lower number of bacteria is present. β -Asp-Gly, therefore, may serve as an indicator of disappearance of certain components of the intestinal flora.

Intestinal β -Asp peptidases probably consist of a group of enzymes with similar activities and are produced by several bacterial species [5]. It was shown earlier [2] that after association of germ-free mice with 55 different strains of anaerobic bacteria, β -Asp-Gly became almost undetectable. This suggests that

at least a number of different strains of anaerobic bacteria produce β -Asp peptidases. This is also supported by the finding that, in patients treated with antibiotics, β -Asp-Gly was detectable when the normal concentration of *Bacteroides* sp., *Bifidobacterium* sp., *Eubacterium* sp. and *Clostridium* sp. was decreased [5]. Preliminary results show that a culture of *Bifidobacterium catenulatum* could degrade β -Asp-Gly to some extent [14]. The presence of β -Asp peptidase activity in *Bifidobacterium catenulatum* and other bacterial species will be investigated further.

ACKNOWLEDGEMENTS

The technical assistance of G. Groen, G. Helmus, E. van Santen and P. Wietzes is gratefully acknowledged. We thank Drs. G.J. Meijer-Severs and H.G. de Vries-Hospers for helpful discussions.

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